

SAVE THE DATE

IN COLLABORATION WITH



SUPPORTED BY:



Gulf Rheumatology Board Review and Comprehensive Update 2026

 **AUGUST 29 - 30, 2026**  **BEACH ROTANA HOTEL, ABU DHABI, UAE**

The Gulf Rheumatology Board Review and Comprehensive Update in Rheumatology is an educational interactive program aims to enhance participants' understanding and clinical proficiency in the field of rheumatology. It provides thorough insights into the fundamental principles, latest treatment guidelines, and effective therapeutic approaches. Through comprehensive updates, participants can expand their knowledge base and refine their skills, improving their competencies to diagnose and manage rheumatological conditions with confidence.



REGISTRATION!

AED 2,000

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(5% VAT Exclusive)

The fees include course registration, CME certificate and USB, online access to educational material, coffee break and buffet lunch for 2 days.

Accommodation and travel arrangement are not included.

SCIENTIFIC PARTNER



MANAGED BY:



www.gulfrheumatology.com



LEARNING OBJECTIVES

*At the end of this CME activity,
the participant will be able to:*

- Understand the basic mechanisms involved in the pathogenesis of rheumatologic disorders
- Apply the most UpToDate guidelines to make more accurate diagnosis
- Utilize the most appropriate standards of care when treating adults and children with rheumatic diseases
- Recognise current and novel therapeutic options for specific rheumatologic disorders
- Use newly approved treatments appropriately based on the latest medical evidence
- Monitor the efficacy and safety of treatment used
- Apply knowledge gained to certification/recertification rheumatology examinations
- Able to navigate through the board exam with ease and confidence



WHO SHOULD ATTEND?

Fellows/trainees and practicing rheumatology specialists (MDs) who are preparing to take the certification exam or maintain their certification
Rheumatologists who need recent updates in rheumatology
Other professional affiliates (family medicine, nephrologists, immunologists, internists) who seek CME activities to improve patient care in rheumatology.





Gulf Rheumatology Board Review and Comprehensive Update 2026

FACULTY



Rajaie Namas, MD

Chairman
Consultant Rheumatologist,
Cleveland Clinic Abu Dhabi, UAE



Zaki Abou Zahr, MD

Co-Chairman
Consultant Rheumatologist,
Harley Street Medical Center,
Abu Dhabi, UAE



Mohammed Omair, MD

Professor, the Rheumatology Unit,
King Saud University
President of the Rheumatism and
Fibromyalgia Associations
Riyadh, KSA



Ahlam Almarzooqi, MD

Consultant in Rheumatology
Emirates Health Services,
Sharjah, UAE



Waleed Hafiz, MD

Consultant Rheumatologist,
Associate Professor of Medicine,
and Vice Dean for Academic Affairs
College of Medicine,
Umm Al-Qura University, Makkah, KSA



Mariam Al Mansoori, MD

Specialist Rheumatology and Immunology
Burjeel Hospital, Abu Dhabi, UAE

SCIENTIFIC AGENDA

DAY 1: AUGUST 29, 2026



Gulf Rheumatology Board
Review and Comprehensive
Update 2026

7:45 AM - 8:30 AM	Registration	
8:30 AM - 9:30 AM	Rheumatoid Arthritis - 1	Mohammed Omair, MD
9:30 AM - 10:15 AM	Spondylarthritis -1	Ahlam Almarzooqi, MD
10:15 AM - 10:30 AM	Coffee Break	
10:30 AM - 11:30 AM	Vasculitis	Waleed Hafiz, MD
11:30 AM - 12:00 PM	Crystal Related Arthropathies - 1	Rajaie A. Namas, MD
12:00 PM - 1:00 PM	Lunch Break	
1:00 PM - 1:20PM	Real-World Use of Canakinumab: Clinical Experience Across Diverse Indications <i>Disclosure to Learners: This is a non-CME activity and sponsored by Novartis</i>	Rajaie A. Namas, MD
1:20 PM - 1:40 PM	From Burden to Breakthrough - Rethinking Uncontrolled Gout with Pegloticase <i>Disclosure to Learners: This is a non-CME activity and sponsored by Amgen</i>	Zaki Abou Zahr, MD
1:40 PM - 2:10 PM	Coffee Break & Networking	
2:10 PM - 2:55 PM	Rheumatoid Arthritis-2	Mohammed Omair, MD
2:55 PM - 3:40 PM	Spondylarthritis -2	Ahlam Almarzooqi, MD
3:40 PM - 4:20 PM	Crystal Related Arthropathies - 2	Rajaie A. Namas, MD
4:20 PM - 4:30 PM	Coffee Break	
4:30 PM - 5:30 PM	Autoinflammatory Syndromes	Ahlam Almarzooqi, MD
5:30 PM - 6:00 PM	Overview on Sjogrens	Mohammed Omair, MD
6:00 PM	End of Day 1	

SCIENTIFIC AGENDA

DAY 2: AUGUST 30, 2026



Gulf Rheumatology Board
Review and Comprehensive
Update 2026

8:30 AM - 9:00 AM	Challenging Cases in SLE	Rajaie A. Namas, MD
9:00 AM - 9:45 AM	Myositis	Zaki Abou Zahr, MD
9:45 AM - 10:30 AM	Lupus	Waleed Hafiz, MD
10:30 AM - 10:45 AM	Coffee Break	
10:45 AM - 11:30 AM	Systemic Sclerosis + ILD	Waleed Hafiz, MD
11:30 AM - 12:00 PM	Pregnancy & APS	Rajaie A. Namas, MD
12:00 PM - 12:30 PM	Osteoporosis	Zaki Abou Zahr, MD
12:30 PM - 1:30 PM	Lunch Break	
1:30 PM - 1:50 PM	Beyond the Fracture: Rethinking Osteoporosis in Very High-Risk Patients <i>Disclosure to Learners: This is a non-CME activity and sponsored by Amgen</i>	Mariam Almansoori, MD
1:50 PM - 2:10 PM	New Era in the Management of IgG4RD with CD19 Targeted Therapy <i>Disclosure to Learners: This is a non-CME activity and sponsored by Amgen</i>	Rajaie A. Namas, MD
2:10 PM - 2:40 PM	Coffee Break & Networking	
2:40 PM - 3:10 PM	Infections and Rheumatic Disease	Zaki Abou Zahr, MD
3:10 PM - 3:40 PM	IgG4-Related Disease (IgG4-RD)	Mohammed Omair, MD
3:40 PM - 4:10 PM	Infectious Disease and RMD	Rajaie A. Namas, MD
4:10 PM - 4:40 PM	Non Rheumatic Systemic D/O	Zaki Abou Zahr, MD
4:40 PM - 5:10 PM	Lower Extremity Sports Medicine and Pain Syndromes	Zaki Abou Zahr, MD
5:10 PM - 5:40 PM	Upper Extremity Sports Medicine and Neuropathy	Rajaie A. Namas, MD
5:40 PM - 6:00 PM	Closing Remarks and Adjournment	