

— Save the Date —



Gulf Rheumatology Board Review and Comprehensive Update

AUGUST 30 - 31, 2025 | DUSIT THANI, ABU DHABI, UAE

The Gulf Rheumatology Board Review and Comprehensive Update in Rheumatology is an educational interactive program aims to enhance participants' understanding and clinical proficiency in the field of rheumatology. It provides thorough insights into the fundamental principles, latest treatment guidelines, and effective therapeutic approaches. Through comprehensive updates, participants can expand their knowledge base and refine their skills, improving their competencies to diagnose and manage rheumatological conditions with confidence.

EARLY BIRD REGISTRATION!
AED 2,000

[CLICK HERE TO REGISTER >](#)

(Until June 30, 2025 - 5% VAT Exclusive)

The fees include course registration, CME certificate, USB and printed syllabus, online access to educational material, coffee break and buffet lunch for 2 days.

Accommodation and travel arrangement are not included.

SCIENTIFIC PARTNER



MANAGED BY:





LEARNING OBJECTIVES

At the end of this CME activity, the participant will be able to:

- Understand the basic mechanisms involved in the pathogenesis of rheumatologic disorders
- Apply the most UpToDate guidelines to make more accurate diagnosis
- Utilize the most appropriate standards of care when treating adults and children with rheumatic diseases
- Recognise current and novel therapeutic options for specific rheumatologic disorders
- Use newly approved treatments appropriately based on the latest medical evidence
- Monitor the efficacy and safety of treatment used
- Apply knowledge gained to certification/recertification rheumatology examinations
- Able to navigate through the board exam with ease and confidence

WHO SHOULD ATTEND?

Fellows/trainees and practicing rheumatology specialists (MDs) who are preparing to take the certification exam or maintain their certification Rheumatologists who need recent updates in rheumatology Other professional affiliates (family medicine, nephrologists, immunologists, internists) who seek CME activities to improve patient care in rheumatology.



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FACULTY



Rajaie Namas, MD

Chairman
Consultant Rheumatologist,
Cleveland Clinic Abu Dhabi, UAE



Mohammed Omair, MD

Professor and Rheumatologist
Head Rheumatology Unit and Director
Specialized Rheumatology Clinics
King Saud University, Riyadh, KSA



Zaki Abou Zahr, MD

Co-Chairman
Consultant Rheumatologist,
Harley Street Medical Center,
Abu Dhabi



Mohamed Elarabi, MD

Consultant Rheumatologist,
Cleveland Clinic Abu Dhabi, UAE



Roberto Padoan, MD

Consultant Rheumatologist and
Adjunct Professor
Rheumatology Unit,
Department of Medicine - DIMED
University of Padova, Italy



Maha Anbar, MD

Consultant Rheumatologist
Jaber Al-Ahmad Hospital,
Kuwait City, Kuwait



Andrea Doria, MD

President, Italian Society of
Rheumatology (SIR)
Chief of Rheumatology Unit
Department of Medicine
Padova University School of
Medicine, Italy

All logistics are arranged by Pearl Event
Management Services (PEMS).
PEMS can arrange your travel and
accommodation if required.



www.gulfrheumatology.com





SCIENTIFIC AGENDA

DAY 1: AUGUST 30, 2025

8:00 AM - 8:30 AM	Registration
8:30 AM - 10:10 AM	Rheumatoid Arthritis Mohammed Omais, MD
10:10 AM - 10:30 AM	Sponsored Symposium
10:30 AM - 10:45 AM	Coffee Break
10:45 AM - 11:15 AM	Crystal Related Arthropathies Rajaie Namas, MD
11:15 AM - 12:00 PM	Non-Rheumatic Systemic D/O Zaki Abou Zahr, MD
12:00 AM - 12:45 PM	Lunch Break
12:45 PM - 1:45 PM	Vasculitis Mohamed Elarabi, MD
1:45 PM - 2:15 PM	Case-based Management of Medium and Large Vessel Vasculitis Roberto Padoan, MD
2:15 PM - 3:40 PM	Spondylarthritis Maha Anbar, MD
3:40 PM - 4:00 PM	Sponsored Symposium
4:00 PM - 4:15 PM	Coffee Break
4:15 PM - 5:00 PM	Lower Extremity Sports Medicine and Pain Syndromes Zaki Abou Zahr, MD
5:00 PM - 5:45 PM	Upper Extremity Sports Medicine and Neuropathy Rajaie Namas, MD
5:45 PM - 6:00 PM	Day 1 Closing



SCIENTIFIC AGENDA

DAY 2: AUGUST 31, 2025

8:00 AM - 8:30 AM	Registration
8:30 AM - 9:20 AM	Lupus Mohamed Elarabi, MD
9:20 AM - 9:40 AM	Extrarenal Manifestation of Lupus Andrea Doria, MD
9:40 AM - 10:00 AM	Sponsored Symposium
10:00 AM - 10:15 AM	Coffee Break
10:15 AM - 11:15 AM	Systemic Sclerosis and Raynauds Mohammed Omair, MD
11:15 AM - 11:45 AM	APS Rajaie Namas, MD
11:45 AM - 12:55 PM	Osteoporosis Zaki Abou Zahr, MD
12:55 PM - 1:15 PM	Sponsored Symposium
1:15 PM - 2:00 PM	Lunch Break
2:00 PM - 2:30 PM	Autoinflammatory Syndromes Maha Anbar, MD
2:30 PM - 3:15 PM	Myositis Zaki Abou Zahr, MD
3:15 PM - 3:45 PM	Malignancy and RMD Maha Anbar, MD
3:45 PM - 4:15 PM	Infectious Disease and RMD Mohamed Elarabi, MD
4:15 PM - 4:30 PM	IGG-4 Mohammed Omair, MD
4:30 PM - 4:45 PM	Day 2 Closing