

Save the Date

IN COLLABORATION WITH



SUPPORTED BY:



Gulf Rheumatology Board Review and Comprehensive Update



AUGUST 30 - 31, 2025 | DUSIT THANI, ABU DHABI, UAE

The Gulf Rheumatology Board Review and Comprehensive Update in Rheumatology is an educational interactive program aims to enhance participants' understanding and clinical proficiency in the field of rheumatology. It provides thorough insights into the fundamental principles, latest treatment guidelines, and effective therapeutic approaches. Through comprehensive updates, participants can expand their knowledge base and refine their skills, improving their competencies to diagnose and manage rheumatological conditions with confidence.

EARLY BIRD REGISTRATION! AED 2,000

[CLICK HERE TO REGISTER >](#)

(Extended until July 31, 2025 - 5% VAT Exclusive)

The fees include course registration, CME certificate, USB and printed syllabus, online access to educational material, coffee break and buffet lunch for 2 days.

Accommodation and travel arrangement are not included.

SCIENTIFIC PARTNER



MANAGED BY:



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LEARNING OBJECTIVES

At the end of this CME activity, the participant will be able to:

- Understand the basic mechanisms involved in the pathogenesis of rheumatologic disorders
- Apply the most UpToDate guidelines to make more accurate diagnosis
- Utilize the most appropriate standards of care when treating adults and children with rheumatic diseases
- Recognise current and novel therapeutic options for specific rheumatologic disorders
- Use newly approved treatments appropriately based on the latest medical evidence
- Monitor the efficacy and safety of treatment used
- Apply knowledge gained to certification/recertification rheumatology examinations
- Able to navigate through the board exam with ease and confidence

WHO SHOULD ATTEND?

Fellows/trainees and practicing rheumatology specialists (MDs) who are preparing to take the certification exam or maintain their certification Rheumatologists who need recent updates in rheumatology Other professional affiliates (family medicine, nephrologists, immunologists, internists) who seek CME activities to improve patient care in rheumatology.



Gulf Rheumatology Board Review and Comprehensive Update

FACULTY



Rajaie Namas, MD

Chairman
Consultant Rheumatologist,
Cleveland Clinic Abu Dhabi, UAE



Mohammed Omair, MD

Professor and Rheumatologist
Head Rheumatology Unit and Director
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Zaki Abou Zahr, MD

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Mohamed Elarabi, MD

Consultant Rheumatologist,
Cleveland Clinic Abu Dhabi, UAE



Luis Inês, MD

President of the European
Lupus Society (SLEuro)
Professor of Rheumatology
University of Coimbra, Portugal



Maha Anbar, MD

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Kuwait City, Kuwait



Andrea Doria, MD

President, Italian Society of
Rheumatology (SIR)
Chief of Rheumatology Unit
Department of Medicine
Padova University School of
Medicine, Italy

All logistics are arranged by Pearl Event
Management Services (PEMS).
PEMS can arrange your travel and
accommodation if required.



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SCIENTIFIC AGENDA

DAY 1: AUGUST 30, 2025



Gulf Rheumatology
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7:45 AM - 8:30 AM	Registration
8:30 AM - 9:30 AM	Rheumatoid Arthritis-1 Mohammed Omair, MD
9:30 AM - 10:15 AM	Spondylarthritis -1 Maha Anbar, MD
10:15 AM - 10:30 AM	Coffee Break
10:30 AM - 11:30 AM	Vasculitis Mohammed Elarabi, MD
11:30 AM - 11:50 AM	Sponsored Talk by CSL Vifor
11:50 AM - 12:00 PM	Question and Answer
12:00 PM - 1:00 PM	Lunch Break
1:00 PM - 1:30 PM	Treatment Paradigm Shift in SLE Andrea Doria, MD
1:30 PM - 2:15 PM	Rheumatoid Arthritis-2 Mohammed Omair, MD
2:15 PM - 3:00 PM	Spondylarthritis -2 Maha Anbar, MD
3:00 PM - 3:20 PM	Sponsored Talk by Novartis
3:20 PM - 3:30 PM	Question and Answer
3:30 PM - 3:45 PM	Coffee Break
3:45 PM - 4:15 PM	Crystal Related Arthropathies Rajaie A. Namas, MD
4:15 PM - 5:15 PM	Autoinflammatory Syndromes Maha Anbar, MD
5:15 PM - 5:45 PM	Overview on Sjogrens Luis Inês, MD
5:45 PM - 6:00 PM	Day 1 Closing

SCIENTIFIC AGENDA

DAY 2: AUGUST 31, 2025



Gulf Rheumatology
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8:30 AM - 9:00 AM	Challenging Cases in SLE Andrea Doria, MD
9:00 AM - 9:45 AM	Myositis Zaki Abou Zahr, MD
9:45 AM - 10:30 AM	Lupus Mohammed Elarabi, MD
10:30 AM - 10:45 AM	Coffee Break
10:45 AM - 11:30 AM	Systemic Sclerosis + ILD Mohammed Omair, MD
11:30 AM - 12:00 PM	Sjogrens & APS Rajaie A. Namas, MD
12:00 PM - 12:20 PM	Osteoporosis Zaki Abou Zahr, MD
12:20 PM - 12:40 PM	Building Bone First With Evenity Zaki Abou Zahr, MD <i>Disclosure to Learners: This scientific talk is sponsored by Amgen</i>
12:40 PM - 1:30 PM	Lunch Break
1:30 PM - 2:00 PM	Challenging Cases in CTD Luis Inês, MD
2:00 PM - 2:30 PM	IgG4-Related Disease (IgG4-RD) Mohammed Omair, MD
2:30 PM - 3:00 PM	Infectious Disease and RMD Mohammed Elarabi, MD
3:00 PM - 3:20 PM	Sponsored Talk by Sandoz
3:20 PM - 3:30 PM	Question and Answer
3:30 PM - 3:40 PM	Coffee Break
3:40 PM - 4:00 PM	The Dual Approach in Psoriatic Arthritis Management Moderator: Dr. Mohammed El Arabi Speaker: Dr. Ahlam Almarzooqi <i>Disclosure to Learners: This scientific talk is sponsored by Abbvie</i>
4:00 PM - 4:30 PM	Non-Rheumatic Systemic Disorders Zaki Abou Zahr, MD
4:30 PM - 5:15 PM	Upper Extremity Sports Medicine and Neuropathy Rajaie A. Namas, MD
5:15 PM - 6:00 PM	Lower Extremity Sports Medicine and Pain Syndromes Zaki Abou Zahr, MD
6:00 PM - 6:15 PM	Day 2 Closing